

BUILDING RESILIENT TEAMS

EMOTIVEWORK
START WITHIN



emotivework.com



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More resilient people, more resilient businesses

One of the biggest issues we face in the world today is people's ability to handle the ever evolving challenges of their internal and external worlds. We have become overwhelmed with competing needs for our attention and time, coupled with the fast pace of world wide advancements.

We are oversubscribed, overstimulated and under connected more than ever. And this doesn't just play out in life, it finds its way into our business, too. Through my experience of building business cultures around the globe, with brands like Virgin Group, I have seen first hand the impact this has on team effectiveness and business productivity.

Why? Because business is personal and a connection with self matters in order to connect with those around you.

The current state: a disengaged, disconnected and poor performing people and businesses.

Combining my years of experience in leadership, culture, volunteering and working in global businesses across the UK,

Middle East, Africa, South East Asia, USA and Australia, I've learned that resilience is the key to success, both personally and professionally. Through Emotive Work, we start within, and focus on creating more resilient individuals, leaders, and teams, which results in **better business outcomes**.

Through our sessions, my focus is to connect you with your greatest anchor for resilience - yourself. We work on your internal relationship, in order for your external relationships to flourish, and we discover new tools and techniques to build your most resilient self.

I also work with teams to undergo the same process collectively, creating environments where all members can thrive.

The result?

Greater clarity, intention and authenticity in yourself and in your business.



Luke Evans

Founder of Emotive Work

FOR TEAMS



Helping teams thrive by enhancing collaboration, resolving conflicts, and fostering innovation, all through tailored sessions that build resilience and connection.

Your Challenges

- My leadership team is not effective and delivering on our priorities
- People are not delivering on our strategy
- Our teams are not engaged
- We are losing money and there is building pressure from the board to fix it
- We have a toxic culture
- Retention is dropping and turnover getting too high
- Our teams are siloed and not working well together
- Our performance is low
- We need more innovation and collaboration across our teams
- We need to build trust amongst teams
- Our people don't respect our leaders

Our Support & Services

Team Workshops

Available in-person or online

- Team Workshops designed to build team resilience and connection. Our process includes:
 - Define what problem we are trying to solve
 - Design the work based on needs
 - Deliver in person or online for group
 - Additional consultation is available
- Resilience First Aid Training
2-Day Resilience First Aid accredited mental health certification. **Available from October 2024**
 - Learn useful everyday language skills to support resilience in others
 - Build personal sustainability through resilience skills
 - Learn how to spot risk early and refer to help
 - Outcome: Resilience First Aid Certified

The Emotive Work Approach

The types of topics we can cover include:

- Develop Group Dynamics & Ethos
- Educate on Conflict resolution
- Educate on Resilience
- Create new ways of working
- Facilitation of Leader workshops

How does it work?

We start with a questionnaire to determine our focus area. I then facilitate sessions tailored to the identified needs, whether addressing a specific concern or providing education. If additional support is needed beyond the group session, I offer ongoing consulting services for your business.

OUTCOMES

Greater Resilience

Team Performance and Cohesion

50%

Increase in performance and collaboration

*Journal of Applied Behavioral Science

40%

Faster conflict resolution

*International Journal of Conflict Management

Organizational Impact

35%

More innovation and creative

*Academy of Management Perspectives

20%

Higher success rate

*Gallup

Greater Connection

Team Connection

30%

Increase in performance

*Journal of Applied Psychology

40%

More collaborative

*McKinsey & Company

Connection with the Business

25%

More likely to achieve targets

*Deloitte

20%

Improvement in business outcomes and productivity

*Harvard Business Review



The Emotive Work Difference

Resilience Building Focus

We specialise in helping individuals and businesses build resilience, empowering them to navigate challenges and thrive in a rapidly changing world.

Tailored Support

We meet people where they are, offering support ranging from one-on-one sessions to group work, ensuring personalised and relevant solutions.



Practical Tools and Techniques

We equip people with practical tools and techniques for personal and work situations to enhance emotional resilience and improve connections, driving better business outcomes.

Pre-Diagnosis Assessments

We provide pre-diagnosis assessments to help individuals and organisations understand their challenges and how we can support their journey to resilience.

Comprehensive Services

We provide coaching, leadership development, and facilitation, all aimed at strengthening personal and organisational resilience and driving growth.

Integration of Strategy and Wellbeing

We focus on the intersection between business strategy and emotional wellbeing, aligning organisational goals with personal growth, resilience, and fulfillment.



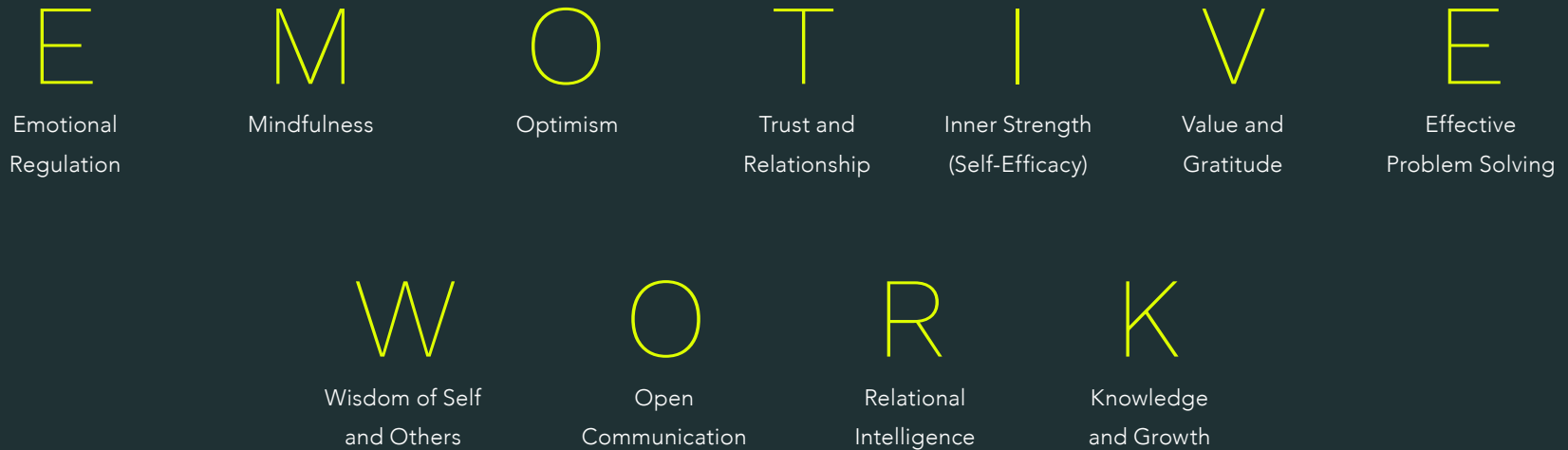
Real-World Approach

Our methods are grounded in the practicality of a lived experience model, offering actionable strategies and tools that can be applied in everyday situations.

Human-Centric in a Tech-Driven World

We are dedicated to harnessing the human aspect of business, emphasising emotional intelligence and interpersonal skills in an increasingly technology-driven environment.

All of our work is underpinned by our **EMOTIVE** and **WORK** framework; focused on 7 steps to building resilient people and businesses, and 4 steps to building a greater connection with self and others. We believe that to do this work, you need to focus on the **EMOTIVE WORK** required.



Team Resilience Building

Empower your teams with facilitated sessions designed to build resilience, foster strong group dynamics, and support overall wellbeing for better business outcomes.

FROM
\$575 AUD
per person

- ✓ Tailored workshops to address specific team challenges and build cohesive, resilient dynamics
- ✓ 2-day Resilience First Aid Training for accredited mental health certification
- ✓ Learn practical skills to support resilience, resolve conflicts, and sustain personal wellbeing
- ✓ Flexible delivery: in-person or online, with ongoing consultation available

Business Talks

We offer inspiring keynotes and thought-provoking discussions that captivate audiences, spark meaningful conversations, and ignite new perspectives.

PRICE ON REQUEST

- ✓ **Perfect for:**
Organisations seeking to inspire, educate, and engage their teams through impactful talks.
- ✓ **What to expect:**
Engaging 45 min - 1 hour keynotes or discussions tailored to your business's needs, focusing on topics like resilience, relational intelligence, emotional wellbeing, and innovative teamwork.
- ✓ **Outcome:**
Spark new ideas, motivate teams, and drive a deeper understanding of key concepts that can transform workplace culture.
- ✓ **Customisation:**
Talks can be adapted to fit the specific themes and goals of your organisation.

Customised Solutions

Tailored strategies designed for unique teams, addressing specific challenges and goals to enhance collaboration and drive impactful results.

PRICE ON REQUEST

- ✓ **Perfect for:**
Teams with specific challenges or unique goals requiring a customised approach.
- ✓ **What to expect:**
Bespoke sessions crafted to address your team's unique dynamics, challenges, and objectives, while empowering them with long-term strategies for sustained success.
- ✓ **Outcome:**
Develop tailored strategies that align with your team's culture, enhance collaboration, and drive targeted business outcomes.
- ✓ **Additional support:**
Includes ongoing consultation and support to ensure lasting impact.

Looking for a more tailored approach?

We've got you covered.

Feel free to reach out and discuss your needs with the team. Once we have identified your challenge, we'll work together to create a customised package tailored to the needs of you and your business.



My purpose is to help people find meaning through service.

About Luke

It's easy to feel lost, overwhelmed, and disconnected while navigating life's challenges. I've been there myself many times. What I've learned is that the best path forward often involves seeking guidance and developing your own solutions by building a resilient mindset.

To live a fulfilling life, you need to grow by increasing self-awareness, discovering your strengths, finding your tools, and applying them through experience.

That's where I come in. I offer a 'lived experience model' that asks the right questions, challenges existing beliefs, and helps you find opportunities to overcome obstacles.

No one has all the answers, but a great coach builds trust, listens deeply to both what is said and what isn't, and guides you through challenges using shared experiences and consultation. My approach is rooted in real-world experience and a genuine desire to help you connect within.

My Lived Experience

- 13+ years in leadership positions in multinational companies and running small businesses, managing teams of up to 60 people
- 7+ years helping individuals and businesses find their purpose and create purpose-driven brands globally
- Founder / Co-Founder of three business consultancies:

Blonde and Bear

Find your purpose, create your business

Emjoy

Redefining culture with joy

Emotive Work

Building intentional cultures for all

- Podcast Host of "Itch," "Brave Always," & "The C Word"
- Author of "Itch - 30 Lessons in 30 Years"
- Volunteer Experience across Australia, Nepal, and South Africa
- Human Synergetics 'LSI' Accredited Practitioner
- Certified Emjoy 'Brave Leader' Coach
- NLP and Life Coaching Accredited

What I Bring to the Table

- Logic & Pragmatism
- Optimism & Empathy
- International Business Knowledge & Experience

What You'll Gain

- Actionable strategies to implement change now
- Tools for self-reflection and inquiry
- A sense of accountability to drive change
- Hope and opportunity



Next steps

1 Connect with Luke via phone or email

2 or book in your 15 minute strategy session to work through what options are best for you

[Book a Session](#)

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